

# World's Toughest 10k Information:

## COURSE

A beautiful and difficult route starting near the Sandia Casino (5100 feet elevation) and finishing at the base of the Sandia Peak Tram station (6500 feet). It's time to climb!

## MEMORABILIA

We're bringing back the wine glasses this year! You'll get a gold, silver, or bronze wine glass based on your finishing time. You'll also receive a custom World's Toughest 10k hat or visor at packet pick up.

Men	Gold	Silver	Bronze
39 & Under	Under 55:00	55:00-1:09:59	1:10:00+
40-49	Under 58:00	58:00-1:09:59	1:10:00+
50-59	Under 1:00:00	1:00:00-1:09:59	1:10:00+
60-69	Under 1:05:00	1:05:00-1:11:59	1:12:00+
70+	Under 1:18:00	1:18:00-1:24:59	1:25:00+
Women	Gold	Silver	Bronze
39 & Under	Under 1:03:00	1:03:00-1:24:59	1:25:00+
40-49	Under 1:06:00	1:06:00-1:24:59	1:25:00+
50-59	Under 1:12:00	1:12:00-1:24:59	1:25:00+
60-69	Under 1:25:00	1:25:00-1:29:59	1:30:00+
70+	Under 1:40:00	1:40:00-1:54:59	1:55:00+

## AWARDS

Overall male and female winners will receive a pair of Mizuno Running Shoes from **ABQ Running Shop**.

Gift certificates to the winners of each age group: 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, and 70 and over.

## FOR ADDITIONAL INFO:

Call ABQ Running Shop (505) 293-2RUN

## LOCATION

Please park in lot C or D at the Sandia Resort and Casino, at 30 Rainbow Rd off of Tramway.

When you are finished with your race, we will have transportation back to the start line available.

## EARLY REGISTRATION:

**General Registration \$35**

**ARR Members/Active Duty Military \$32**

*At ABQ Running Shop:* Drop off entry form by Sunday, **May 4th, 2013.**

*By Mail:* Must be postmarked by Saturday, **May 3rd, 2013.**

*At Active.com:* Must register by Sunday, **May 4th, 2013.**

## LATE REGISTRATION & PACKET PICK-UP:

**General Registration \$40**

**ARR Members/Active Duty Military \$37**

You may continue to register at **Active.com** thru **May 16th.** After that, register in person at **ABQ Running Shop** through **5 pm May 17th.**

**Packet pick-up will be at ABQ Running Shop Saturday, May 17th from 10:00 am-5:00 pm.**

## RACE DAY REGISTRATION:

**All participants \$45**

Register at Sandia Casino parking lot

**Race day registration closes at 6:40 SHARP!**

## World's Toughest 10k Entry Form

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Sex *M F*

Age *Race Day* \_\_\_\_\_ Birthdate \_\_\_\_\_

E-mail \_\_\_\_\_

Please add me to the ABQ Running Shop e-mail list!

### FEES

*Early Registration* Postmarked by 5/03 or delivered to ABQ Running Shop by 5/04:

ARR /Military @ \$32 \_\_\_\_\_  
General @ \$35 \_\_\_\_\_

*Late Registration* At ABQ Running Shop through 5/17:

ARR/Military @ \$37 \_\_\_\_\_  
General @ \$40 \_\_\_\_\_

*Race Day* At Sandia Casino Parking Lot:

All @ \$45 \_\_\_\_\_

**Please make check payable to ABQ Running Shop and mail to: ABQ Running Shop, 6550 Holly Ave NE Suite D-2, Albuquerque, NM 87113. Credit cards accepted for registration only at Active.com.**

### WAIVER (MUST BE SIGNED)

In consideration of the acceptance of this entry, I, intending to be legally bound hereby for myself and my heirs, executors, and administrators, waive any and all rights, claims or damages I may have against any sponsors or individuals associated with said event. I verify and attest that I am in sufficient health to participate in this event. As a participating athlete, I certify that all information provided in this form is true and complete. I have read the entry information provided in this form and certify my compliance by signature below. Applications for minors will be accepted **ONLY** with a parent's or guardian's signature. Strollers, pets, headphones, bicycles, skateboards and wheelchairs are not allowed.

Participant's Signature (Parent's if participant is under 18 years)

**Date:**